



Welcome to Wellvibe!

To earn your incentive for the Montgomery County wellness program (supported by the YMCA and Wellvibe) this year, you must complete:

- Intake Questions
- Health Risk Assessment
- Educational Videos
- Member's choice - choose from dental exam, vision exam, flu shot or annual physical

Additional recommended activities are available for you to complete in Wellvibe.

Haven't Registered in Wellvibe?

visit wellvibelogin.com

select let's begin

You will need this
group key code:

JJM4Q7

Participate in health coaching with the YMCA to help further your wellness goals.

For information on how to schedule an appointment, visit your Wellvibe account.

Welcome

We are pleased to introduce a tool to enhance your Wellness Program experience. We will be providing access to more health and wellness information and resources through Wellvibe™. As much as 75% nationally of all medical costs are directly related to lifestyle choices. As a result, we believe in the importance of educating, promoting and rewarding our employees for taking action toward making smart and healthy lifestyle and health consumer choices.