



Montgomery County/YMCA Wellness Incentive Program 2022

Required Activities:

1. Biometric Screening - DUE 5/31/2022

- Completed onsite by YMCA during scheduled Montgomery County events;
OR
- Completed by your primary care physician by 5/31/2022. Must be submitted through Wellvibe by 5/31/2022 by uploading the completed biometric screening barcode form.

2. Health Risk Assessment and Intake Questions – DUE 12/31/2022

- Completed online through Wellvibe.

3. Member's Choice (choose one activity dated in 2022) – DUE 12/31/2022

- Medical Exam, Dental Exam, Vision Exam, COVID-19 vaccine/booster, Flu Shot, or visit with a licensed mental health professional. Must be submitted through Wellvibe by 12/31/2022 by uploading the completed member's choice barcode form.

4. Videos online through Wellvibe – DUE 12/31/2022:

- Stress Management for all employees
- **Additional videos will be assigned after biometric screening results are added.**
Make sure you log in to Wellvibe regularly to view and complete all required activities assigned to you throughout the year.

Complete all required activities by the deadline and earn incentive dollars*:

\$1,380 for employee only

\$600 for spouse

New optional activities are available that focus on physical, mental, and financial wellness. Log in to Wellvibe to view activities that you can complete at your own pace.

Get started by logging on at www.wellvibelogin.com

Group key code: **JJM4Q7**

***Incentives and Eligibility:** Incentives are available to employees and spouses enrolled in a Montgomery County medical plan and hired or benefits eligible before April 1, 2022. Employee must be active on payroll with an active HSA or HRA when incentives are deposited in order to receive the deposit. Annual incentive dollars are projected to be deposited in March 2023.

For assistance with the login or submission of barcode form for Members Choice Activity, contact the Wellvibe support team at support@wellvibe.com or 800-499-1286.

If you are unable to complete any required activity due to a disability, you can contact Wellvibe at support@wellvibe.com or 800-499-1286 to discuss a reasonable alternative.