

# Montgomery County/YMCA

## Wellness Program App

### HOW TO REGISTER

GROUP CODE: MC1234

1

#### VISIT MONTGOMERYCOUNTY.MEDIKEEPER.COM

- Go to “Click Here to Register.”
- Fill in all information fields. Use your legal name for the first and last name fields.

2

- Your email address will be your username.
- Password instructions are provided.
- Click “Submit” when all fields are completed.
- Review and accept the “Terms and Conditions.”

3

- Complete the HRA (approximately 10 minutes). If you don't finish, it'll save where you left off.
- Next, you will be taken to your Health Assessment Page.

4

- To begin viewing the Wellness Portal, click the YMCA logo in the top left-hand corner of the page. It will take you to your home dashboard.

**Access your Wellness Portal Anywhere!**

**Download the free app!**

 Google Play

 App Store

