



NEW HIRES / NEWLY-BENEFITS ELIGIBLE EMPLOYEES AND SPOUSES INCENTIVES FOR 2019-2020 PLAN YEAR

Employees and spouses who were hired or became eligible for benefits after January 1, 2019 can earn incentives for the 2019-2020 benefit plan year by completing activities as follows:

- Complete a wellness screening through one of the available labs on the designated scheduling site to earn an incentive in the amount of \$65.00 per month for employees and \$25.00 per month for spouses. Instructions on how to complete the screening are attached.
- Complete an online health survey on the Optum Rally web portal to earn an incentive in the amount of \$50.00 per month for employees and \$25.00 per month for spouses. Instructions for registering on the Optum Rally web portal and completing the health survey are attached.

Employees and spouses must notify the Benefits Office of completion of these two activities (hr@mcoho.org or 937-225-4018). Incentives will be prorated based on completion dates of the screening and online health survey. The incentives for new hires/newly-benefits eligible employees must be completed no earlier than the first date that benefits are effective and must be completed within 60 days of that date. For example, benefits effective date October 1, screening and survey must be completed between October 1 and November 30.

Employees must provide dependent documentation for spouses before spouses will be able to register on the Optum website. There may be a delay of up to two weeks before new hires and newly-added spouses are able to register on the Optum website.

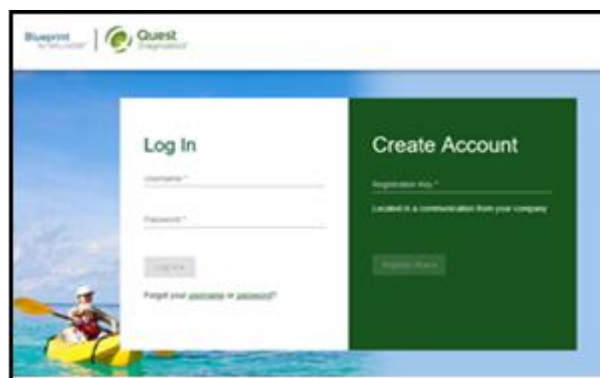
By completing both of the activities above, new hires/newly-benefits eligible employees will receive their full prorated incentives for the 2019-2020 benefit plan year. The screening (20%) and the online health survey (10%) count towards the 100% wellness credit goal for incentives for the 2020-2021 benefit plan year.

Wellness Screening Instructions

New hires/newly-benefits eligible must complete the wellness screening through one of the available labs on the designated scheduling site, not Montgomery County onsite screening events. A wellness screening will help you better understand your health. Wellness screening information can prevent or delay chronic conditions and complications such as hypertension, heart disease, and diabetes. The wellness screening through the lab site is a venipuncture blood draw that will provide information on your glucose and cholesterol levels.

Register for your wellness screening by going to this site: <https://My.QuestForHealth.com>.

On the main page, go to “*Create Account*” and use Registration Key: **MontgomeryCounty2020**. Follow the instructions on the site. Be sure that you receive confirmation on the final page that your screening registration has been completed. The requisition form that is available to print on the final page is optional but please be sure that you see the confirmation message. If you would like to confirm that you have completed all necessary online registration steps, please contact a Quest representative at 1-844-350-4779. If you prefer to schedule over the phone instead of online, you may contact Quest directly and a representative will assist you.



Please note:

For CompuNet Clinical Laboratory (Non-Quest PSC) sites: Select the *walk-in* option as there is not an appointment scheduling option for these sites. Review and confirm that all details are correct after your selections.

For Quest Diagnostics sites: You will have the option to make an appointment online or choose the walk-in option. Review and confirm that all details are correct after your selections.

**If you have questions about the Quest site, please contact a Quest representative.
1-844-350-4779**

(Monday-Friday: 8:00am-9:30pm EST; Saturday: 8:30am-5:00pm EST)