

# **STRESSED?** *Coping with Divorce?* *Returning from maternity leave?* *Navigating elder care?*

**We are here for you.**  
The Employee Assistance Program



The Employee Assistance Program (EAP) offers **FREE** and **CONFIDENTIAL** assessments, short-term, solution focused counseling to **YOU** and **those living in your household**.

## **Access your EAP when life problems get in the way.**

It's quick and easy to access care:



Call for a  
**FREE**  
and  
**CONFIDENTIAL**  
appointment

(937) 208-6626  
or  
(800) 628-9343



Complete a  
quick, online  
mental health  
risk assessment

Answers are **PRIVATE** and you will only be contacted by a counselor if you opt-in.



Want to learn  
more about how  
EAP can help you?

